



Facilitating Group Work : The Power of Process

Mary Kay Morrison

1. Table Group Roles- these can be combined-up to the group leader
 - **Recorder**- note taker
 - **Reporter**- Shares group work
 - **Timer**- keeps track of group time
 - **Resource person**—Keep everyone at the table “Happy”(get coffee, pass out handouts etc.)
2. HOUSEKEEPING
 - Breaks: encourage informal breaks (take a bathroom break during group work or as needed)
 - Interruptions: Remind folks to turn their cell phones OFF.
 - 10 minute rule: Since the brain tends to doze after 10 minutes of “lecture” this workshop is designed for brain compatible, engaged learning.
 - Pair/Share
 - Group Work
 - Transition tools: Often the group conversations become quite animated and the room is noisy. Listen for the music, clappers, a whistle or a signal to refocus back to the larger group.
3. PARTNER SEARCH: Use Old Maid Cards or Regular Deck of Cards
4. INTRODUCTIONS: Give each partner one minute to introduce the other person. Allow time for them to collaborate during the session.

*Mary Kay Morrison is the founder and director of [Humor Quest](#). She has been providing staff development on the health benefits of humor, play and laughter for over 40 years. Her books are the foundation for numerous university humor studies classes. Mary Kay is past-president of AATH (The Association for Applied and Therapeutic Humor) and founder and director of the AATH Humor Academy graduate program and CHP (Certified Humor Professional) course. She is the recipient of the 2016 AATH Lifetime Achievement Award. Her mission is to share the health benefits of humor play and laughter and is reflected in her new book: *Legacy of Laughter*.*