



## Classroom Indicators: A Brain Compatible Environment

<b>FEAR/ High Stress</b>	<b>JOY/ Low Stress</b>
Little or No Choice	Frequent Choice
Silence Emphasized	Music, Conversation, Laughter
Criticism	Affirmation
Teacher Centered	Student Centered
Emphasis on Reward System	Invisible Discipline
Intense/Hurried	Reflection and Meditation Time
Little Curriculum Integration	Curriculum Integration
Pop Quizzes Grades	Performance Assessment With Reflective Feedback
Threatening	Challenging
Auditory Instruction	Sensory Instruction
Bored Students	Engaged Students
Low Energy	Enthusiasm, Excitement High Energy
Stressful	Challenging
Little Fun/ low trust	Lots of Fun/ High Trust

Developed by Mary Kay Morrison  
Humor Quest